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Pinyin Name	English Name	Function	Ingredients
ba wei di huang wan, modified	Rehmannia Eight Plus	warm and supplement liver and kidney	<i>du zhong, shu di huang, shan zhu yu, shan yao, fu ling, zi xie, mu dan pi, rou cong rong, rou gui, suo yang, ba ji tian, bu gu zi, tu si zi, gou qi zi</i> (ctx eucommia, prep rx rehmannia, fr corni, rx dioscorea, poria cocos, rz alismatis, ctx moutan radidis, hb cistanche, ctx cinnamomi, hb cynomori, rx morindae, fr psoralae, sm cuscutae, fr lycii)
ba zhen tang	Women's Precious	supplement and regulate blood, warms & boosts qi	<i>dang shen, dang gui, shi di huang, chuan xiong, bai shao, bai zhu, fu ling, gan cao, ren shen</i> (rx codonopsis, rx angelica sinensis, rx rehmannia, prep, rz ligusticum wallichii, rx paeonia lactiflora, rz atractylodes, poria cocos, rx glycyrrhizae, panax ginseng)
ba zheng tang	Dianthus	clears heat, drains fire, disinhibits water and frees strangury	<i>hua shi, qu mai, mu tong, bian xu, deng xing cao, zhi zi, che qian zi, gan cao, da huang</i> (talc, hb dianthus, caulis akebia, rx polygonum, medulla junci, sm plantaginis, fr gardenia, rx glycyrrhizae, rz rhei)
ban xia bai zhu tian ma tang	Pinellia Atractylodes & Gastrodia	dry dampness, transform phlegm, calm liver, extinguish wind	<i>ban xia, bai zhu, tian ma, chen pi, fu ling, gan cao, sheng jiang, da zao</i> (rx pinellia, rz atractylodes, rz gastrodia, pericarpium citri reticulata, poria cocos, rx glycyrrhizae, rz zingiberis recens, fr zizyphi jujubae)
ban xia hou po tang	Pinellia & Magnolia	precipitate qi, downbear counterflow, disperses phlegm	<i>ban xia, hou po, chen pi, fu ling, sheng jiang, zi su ye</i> (rx pinellia, ctx magnolia, pericarpium citri reticulatae, poria, rz zingiberis recens, fol perillae)
bao he wan	Citrus & Crategus	disperse food stasis, fortify spleen, harmonize stomach	<i>shan zha, ban xia, fu ling, shen qu, chen pi, lian qiao, lai fu zi</i> (fr crataegus, rx pinellia, poria, massa fermentata, citrus peel, fr forsythia, sm raphani)
Bi Yan Pian	Bi Yan Pian	dispel wind cold or wind heat, dispel & drain damp, open sinuses	<i>xin yi hua, cang er zi, huang bai, lian qiao, gan cao, bai zhi, jie geng, wu wei zi, zhi mu, ju hua, fang feng, jie geng</i> (flos magnolia, fr xanthium, ctx phellodendri, fr forsythia, licorice, rx angelica dahurica, rx playcodi, fr schizandra, rz anemarrhena, flos chrysanthemum, rx ledebouriellae, hb schizonepetae)
bu zhong yi qi tang	Ginseng & Astragalus	supplement the center, boost the qi, upbears yang, uplifts the fallen	<i>huang qi, bai zhu, dang gui, dang shen, chai hu, chen pi, sheng ma, zhi gan cao, ren shen</i> (rx astragalus, rz atractylodes, rx angelica sinensis, rx bupleurum, citrus peel, rz cimicifuga, rx glycyrrhizae honey-baked, panax ginseng)
chai hu gui zhi tang	Bupleurum & Cinnamon	harmonize & resolve shaoyang, release muscles, release exterior	<i>chai hu, ban xia, gui zhi, bai shao, ren shen, da zao, sheng jiang, huang qin, gan cao</i> (rx bupleurum, rz pinellia, ram cinnamomi, rx ginseng, fr zizyphi jujuba, rx paeonia lactiflora, rx scutellariae, rz zingiberis recens, rx glycyrrhizae, white chinese root)
chai hu hu jia long gu mu li	Bupleurum & DragonBone	resolve taiyang, shaoyang & yangming disorders, calm shen	<i>chai hu, ban xia, gui zhi, fu ling, dang shen, long gu, mu li, da zao, sheng jiang, huang qin, da huang</i> (rx bupleurum, rz pinellia, ram cinnamomi, poria, rx codonopsis, os draconis, concha ostreae, fr zizyphi jujuba, rz zingiberis recens, rx scutellaria, rx rhei)
chuan xin lian kang yin, modified	Isatis	resolve fire toxin & inflammation, cool blood, soothe throat	<i>ban lan gen, da qing ye, chuan xin lian, pu gong ying, zi hua di ding, xia ku cao, nui bang zi, niu bang gen, zi cao</i> (rx isatis, fol isatis, hb andrographis, hb taraxicum, hb viola, spica prunella, sm arctii, rx arnebio seu lithospermi, burdock root)

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dan shen yin, modified	Saliva Plus	quickens blood, transform stasis, courses qi, nourish blood, relieves pain	<i>dan shen, he shou wu, sang shen, shan zha, jue ming zi, ze xie, du zhong, dang gui, wu wei zi, chi shao, huang qin, tan xiang, sha ren, mu xiang</i> (rx salvia miltorrhizae, rx polygoni multiflori, fr mori, fr crataegus, sm cassiae, rz alismatis, rx paeonia rubra, rx scutellaria, ctx eucommia, rx angelica sinensis, fr schizandra, lignum santali, fr amomi, rx saussurea)
dan zhi xiao yao san	Bupleurum & Peony	course liver & resolve depression, transform stasis, move blood, harmonize ying, nourish blood, tonify spleen, resolve depressive heat	<i>chai hu, bai shao, dang gui, fu ling, bai zhu, sheng jiang, gan cao, bo he, mu dan pi, zhi zi</i> (rx bupleurum, rx paeonia lactiflora, rx angelica sinensis, poria, rz atractylodes, rz zingiberis recens, rx glycyrrhizae, hb menthae, ctx moutan radidis, fr gardenia)
dao chi san	Rehmannia & Bamboo Formula	abduct heart fire downward, clear repletion heat from small intestine, drain fire via urination	<i>sheng di huang, mu tong, dan zhu ye, gan cao</i> (rx rehmannia, caulis akebia, hb lophatheri, rx glycyrrhizae)
ding chuan tang, modified	Ma Huang & Ginkgo Plus	diffuse lung, clear heat, calm wheezing	<i>bai guo, ban xia, ma huang, zi su zi, xing ren, sang bai pi, shi gao, huang qin, kuan dong hua, gan cao</i> (sm ginkgo, rz pinellia, hb ephedrae, sm perillae, sm armenicae, ctx mori radidis, gypsum, rx scutellaria, flos tussilaginis farfarae, rx glycyrrhizae)
du huo ji sheng tang	Du Huo & Loranthus	dispel wind damp, relieve impediment pain, supplement liver & kidney, supplement qi and blood	<i>du huo, sang ji sheng, fu ling, shu di huang, du zhong, sang zhi, fang feng, xi xin, ren shen, rou gui, dang gui, bai shao, chuan xiong, chuan niu xi, gan cao</i> (rx angelica pubescentis, rm loranthus, poria, rx rehmannia prepared, rx eucommia, rx gentian sangzhi, rx ledebouriellae, hb asarum, rx ginseng, ctx cinnamomi, rx angelica sinensis, rx paeonia lactiflora, rz ligusticum wallichii, rx achyranthes, rx glycyrrhizae)
er chen tang, modified	Citrus & Pinellia	dry damp, transform phlegm, rectify qi, harmonize center	<i>ban xia, fu ling, chen pi, gua lou, bei mu, zhi gan cao, sheng jiang, wu mei</i> (rx pinellia, poria, pericarpium citri reticulatae, fr trichosanthes, blb fritillaria, rx glycyrrhizae honey fried, rx zingiberis, fr mume)
er xian tang	Two Immortals	enrich and supplement liver & kidneys, warms yang while draining fire, regulate & harmonize chong & ren	<i>xian mao, yin yang huo, ba ji tian, huang bai, zhi mu, dang gui</i> (rz curculigo, hb epimedium, rx morindae, ctx phellodendri, rx anemarrhena, rx angelica sinensis)
gan mao ling	Gan Mao Ling	release the exterior, clear heat, resolve toxin	<i>ju hua, jin yin hua, ban lan gen, bo he, wu zhu yu, mao dong qing, man jing zi</i> (flos chrysanthemum, flos lonicera, rx isatis, hb menthae, fr evodia, ilex pubescentis, fr viticis)
ge gen tang, modified	Pueraria Plus	dispel wind, eliminates dampness, clear heat, open portals of the nose	<i>ge gen, da zao, gui zhi, sheng jiang, ma huang, gan cao, jiang huang</i> (rx pueraria, fr zizyphi jujubae, ram cinnamomi, rz zingiberis recens, hb ephedrae, rx glycyrrhizae, rz curcumae longae)
gui pi tang	Ginseng & Longan	boosts qi, supplements blood, supplements spleen, nourish heart	<i>huang qi, bai zhu, dang gui, fu ling, long yan rou, suan zao ren, yuan zhi, gan cao, mu xiang, ren shen, da zao, sheng jiang</i> (rx astragalus, rx atractylodes, rx angelica sinensis, poria cocos, arillus euphoriae longan, sm zizyphus spinosae, rx polygala, rx glycyrrhizae, rx saussurea, rx ginseng, sm zizyphi jujubae, rz zingiberis recens)
gui zhi fu ling tang	Cinnamon & Hoelen	warm and transform blood stasis	<i>gui zhi, mu dan pi, tao ren, fu ling, chi shao</i> (ram cinnamomi, ctx moutan radidis, sm persica, poria, rx paeonia rubra)

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huang lian jie du tang	Coptis & Scute	drain fire, relieve toxin, clear heat and transform damp	<i>huang qin, zhi zi, huang bai, huang lian</i> (rx scutellaria, fr gardenia, ctx phellodendri, rx coptis)
Huang lian shang qing	Coptis Upper Body	resolve windheat, clears fire, suppresses cough	<i>huang lian, huang qin, da huang, ju hua, bai zhi, jie geng, zhi zi, lian qiao, fang feng, bo he, shi gao, chuan xiong, gan cao, xuan fu hua, man jing zi</i> (rz coptis, rx scutellaria, rz rhei, flos chrysanthemum, rx angelica dahurica, rx platycodi, fr gardenia, fr forsythiae, rx ledebouriellae, hb mentha, gypsum, rx ligusticum wallichii, rx glycyrrhizae, flos inulae, fr viticis)
huang lian wen dan tang	Coptis & Pinellia	rectify qi, transform phlegm, clear the gall bladder, harmonize the stomach	<i>ban xia, fu ling, chen pi, zhi ke, zhu ru, huang lian, da zao, gan cao, sheng jiang</i> (rx pinellia, poria cocos, pericarpium citri reticulatae, fr citri aurantii, caulis bambusa in taenias, rz coptis, fr zizyphi jujube, rx glycyrrhizae, rx zingiberis recens)
huo xiang zheng qi san	Agastaches	Release the exterior, eliminate dampness, rectify qi	<i>huo xiang, hou po, zi su ye, ban xia, bing lang, bai zhu, fu ling, jie geng, chen pi, bai zhi, gan cao, da zao, sheng jiang</i> (hb agastache/pogostemi, ctx magnolia, fol perillae, rz pinelliae, pericarp arecae, rx atractylodes, poria, rx platycodi, citrus peel, rx angelica dahurica, rx glycyrrhizae, fr zizyphi jujubae, rz zingiberis recens)
jin gu die shang wan	Jin Gu	quicken blood & transforms stasis, staunches bleeding, disperse swellings, relieve pain	<i>san qi, dang gui, xue jie, mo yao, hong hua, xu duan, gu sui bu, ru xiang, he huan pi, yu jin, bai zhi, sha ren</i> (rx pseudoginseng, rx angelica sinensis, sanguis draconis, myrrhae, flos carthami, rx dipsacus, rx dynaria, gummi olibanum, ctx alibizae, rx curcuma, rx angelica dahurica, fr seu sm amomi)
Kang ning wan	Curing	dispels summertime windcold, eliminates damp, regulates the center, resolves food stagnation	<i>fu ling, yi yi ren, huo po, bai zhu, huo xiang, ge gen, bai zhi, mu xiang, tian hua fen, gu ya, shen qu, gou teng, ju hua, chen pi, bo he</i> (poria, sm coicis, ctx magnolia, rz atractylodes, hb agastaches, rx pueraria, rx angelica dahurica, rx saussurea, rx trichosanthes, oryzae sativa, massa fermentata, rz gastrodia, flos chrysanthemum, citrus peel, hb mentha)
liu wei di huang wan	Rehmannia Six	enrich and supplement liver & kidneys	<i>shu di huang, shan zhu yu, shan yao, fu ling, ze xie, mu dan pi</i> (rx rehmannia prep, fr cornia, rx dioscorea, poria cocos, rx alismatis, ctx moutan radicis)
long dan xie gan tang	Gentiana	drain liver & gall bladder fire, clear lower burner damp heat	<i>huang qin, sheng di huang, long dan cao, dang gui, chai hu, che qian zi, ze xie, zhi zi, mu tong, gan cao</i> (rx scutellaria, rx rehmannia recens, rx gentiana, rx angelica sinensis, rx bupleurum, sm plantaginis, rz alismatis, fr gardeniae, caulis akebia, rx glycyrrhizae)
ma zi ren wan	Ma zi ren wan	moisten intestine, clear dryness & heat, disinhibit qi of stomach & intestine promoting passage of stool	<i>ma zi ren, da huang, xing ren, bai shao, zhi ke, hou po</i> (sm cannabis, rz rhei, sm armenicae, rx paeonia lactiflora, fr citri aurantii, ctx magnolia)
qi ju di huang wan	Lycium & Rehmannia	enrich and supplement liver & kidneys	<i>shu di huang, shan zhu yu, shan yao, fu ling, ze xie, mu dan pi, gou qi zi, ju hua</i> (rx rehmannia prepared, fr corni, rx dioscorea, poria, rx alismatis, ctx moutan radicis, fr lycium, flos chrysanthemi)
qing bi tang	Pueraria Nasal	resolve exterior and muscle layer, engender fluids	<i>ge gen, xin yi hua, yi yi ren, jie geng, da zao, shi gao, da huang, chuan xiong, gui zhi, sheng jiang, ma huang, gan cao, bai shao</i> (rx pueraria, flos magnolia, sm coicis, rx platycodon, fr zizyphi jujubae, gypsum, rz rhei, rz ligusticum wallichii, ram cinnamomi, rz zingiberis recens, hb ephedrae, rx glycyrrhizae, rx paeonia lactiflora)

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qing fei tang	Platycodon & Fritillaria	clear heat, transform phlegm, suppress cough, moisten lung	<i>mai men dong, xing ren, tian men dong, jie geng, sang bai pi, fu ling, dang gui, da zao, bei mu, huang qin, zhi zi, zhu ru, chen pi, gan cao, wu wei zi, sheng jiang</i> (ophiopogonis, sm armenicae, rx aparagi, rx platycodon, ctx mori radices, poria cocos, rx angelica sinensis, fr zizyphi jujubae, bulb fritillariae, rx scutellaria, fr gardeniae, bambusae in taeniis, pericarpium citri reticulatae, rx glycyrrhizae, fr schisandra, rz zingiberis recens)
qing qi hua tan tang	Pinellia X Formula	clear heat, transforms phlegm, rectify qi, suppress cough	<i>ban xia, zhi nan xing, chen pi, xing ren, fu ling, gua lou ren, huang qin, zhi ke</i> (rz pinellia, rz arisaematis praeparata, pericarpium citri reticulatae, sm armenicae, poria cocos, sm trichosanthes, rx scutellaria, fr citri aurantii)
ren shen bai du san	Ginseng & Mentha	resolve exterior, dispels wind cold damp, boosts qi	<i>ren shen, qiang huo, du huo, chuan xiong, chai hu, zhi ke, jie geng, qian hu, fu ling, bo he, sheng jiang</i> (rx ginseng, rx notopterygium, rx angelica pubescentis, rx ligusticum wallichii, rx bupleurum, fr citri aurantii, rx platycodon, rx peucedani, poria cocos, hb menthae, rz zingiberis recens)
ren shen yang ying tang	Ginseng Nutritive	boosts qi, nourish blood & heart, quiet shen	<i>huang qi, dang gui, shu di huang, fu ling, bai zhu, bai shao, chen pi, yuan zhi, wu wei zi, sheng jiang, da zao, gan cao, rou gui</i> (rx astragalus, rx angelica sinensis, rx rehmannia prepared, poria cocos, rx atractylodes, rx paeonia lactiflora, rx polygalae, fr schisandra, rz zingiberis recens, fr zizyphi jujube, rx glycyrrhizae, ctx cinnamomi)
sha shen mai dong tang & bai he gu jia tang	Ophiopogonis Plus	nourish yin, moisten Lung, transform phlegm, suppress cough	<i>mai men dong, bai hu, xing ren, sha ren, dang shen, tian men dong, shi hu, tian hua fen, jie geng, sang bai pi, sang ye, fu hai shi, ban xia, da zao, yu zhu, gan cao</i> (ophiopogonis, bulbus lily, sm armenicae, rx glehnia, rx codonopsis, rx asparagi, hb dendrobii, rx trichosanthes, rx platycodon, ctx mori radices, fol mori, pumice, rz pinelliae, fr zizyphi jujubae, rz polygonatum odorati, rx glycyrrhizae)
shen ling bai zhu san	Ginseng & Atractylodes	supplement spleen, boost qi, disinhibit water & percolate damp	<i>yi yi ren, bai bian dou, lian zi, shan yao, fu ling, bai zhu, jie geng, sha ren, zhi gan cao</i> (sm coicis, sm dolichorus, sm nelumbinis, rx dioscoreae, poria cocos, rz atractylodes, rx platycodon, fr amomi, rx glycyrrhizae, honey-baked)
shi quan da bu tang	Ginseng Dang Quai 10	supplement & regulates blood, warms & boosts qi	<i>huang qi, bai zhu, bai shao, fu ling, dang gui, dang shen, rou gui, chuan xiong, zhi gan cao, shu di huang, ren shen</i> (rx astragalus, rz atractylodes, rx paeonia lactiflora, poria cocos, rx angelica sinensis, rx codonopsis, ctx cinnamomi, rx ligusticum wallichii, rx glycyrrhizae honey-baked, rx ginseng)
shou wu zhi	Shou Wu Formula	Warm & nourish blood, supplement kidney	<i>he shou wu, dang gui, huang jing, shu di huang, chuan xiong, bai zhi, sha ren, chen pi, ding xiang</i> (rx polygonum multiflori, rx angelica sinensis, rz polygonati, prepared rx rehmanniae, rx ligusticum wallichii, rx angelica dahuricae, fr amomi, pericarpium citri reticulatae, flos caryophylli)
shu (su) gan wan	Shu Kan Formula	moves qi and resolve depression	<i>xiang fu, bai shao, chen pi, qing pi, yan hu suo, chai hu, zhi ke, sha ren, mu dan pi, xuan fu hua, gan cao, yu jin, bai dou kou, chen xiang, tan xiang, hou po, mu xiang</i> (rx cyperus, rx paeonia lactiflora, pericarpium citri reticulatae, pericarpium citri viride, rz corydalis, rx bupleurum, fr citri aurantii, fr amomi, ctx moutan radices, flos inula, rx glycyrrhizae, tuber cucumae, fr amomi cardamomi, lignum aquilaria, rx saussurea)

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Shu (Su) Jing Huo Xue Tang	Clematis & Stephania	activates blood, transforms stasis, dispels wind dampness, relieve pain	<i>chi shao, shu di huang, tao ren, dang gui, chuan xiong, cang zhu, fu ling, qiang huo, chen pi, wei ling xian, han fang ji, fang feng, qin jiao, huai nui xi, bai zhi, sheng jiang, gan cao</i> (rx paeonia rubra, prepared rx rehmannia, sm persica, rx angelica sinensis, rz ligusticum wallichii, rz atractylodis, poria, rz notopterygium, citrus peel, rx clematis, rx stephania, rx ledebouriellae, rx gentiana qinjiao, rx achyranthes, rx angelica dahurica, rz zingiberis recens, rx glycyrrhizae)
si jung zi tang	<i>Four Gentleman</i>	supplement the spleen & boost qi	<i>dang shen, bai zhu, fu ling, gan cao</i> (rx codonopsis, rz atractylodes, poria, rx glycyrrhizae)
si wu tang	<i>Dang Gui 4</i>	nourish & tonify blood, course the liver, quicken blood, dispel stasis	<i>dang gui, shu di huang, bai shao, chuan xiong</i> (rx angelica sinensis, prepared rx rehmannia, rx paeonia lactiflora, rx ligusticum wallichii)
suan zao ren & gan mai da zao tang	Zizyphus Formula	nourish blood, quiet spirit, clear heat, eliminates vexation, nourish heart	<i>suan zao ren, fu ling, zhi mu, gan cao, da zao, chuan xiong, fu xiao mai</i> (sm zizyphus spinosae, poria, rz anemarrhena, rx glycyrrhizae, fr zizyphi jujubae, rx ligusticum wallichii, fr tritici levis)
tao hong si wu tang	Carthamus & Persica	activates blood, transform stasis, nourish blood	<i>tao ren, hong hua, dang gui, bai shao, chuan xiong, shu di huang</i> (sm persica, flos carthami, rx angelica sinensis, rx paeonia lactiflora, rx ligusticum wallichii, prepared rx rehmannia)
tian man gou teng yin	Gastrodia & Uncaria	calm liver, extinguish wind, clear heat, quicken blood, boost Liver & Kidney	<i>gou teng, tian ma, sang ji sheng, du zhong, chuan niu xi, huang qin, yi mu cao, ye jiao teng, fu ling, shi xue ming, zhi zi</i> (ramulus uncaria, rz gastrodia, ram loranthus, ctx eucommia, rx cyathulae, rx scutellaria, hb leonuri, caulis polygoni multiflori, poria, concha haliotidis, fr gardenia)
tian wang bu xin tang	<i>Ginseng & Zizyphus</i>	supplements yin, nourish blood, supplement heart, quiet shen	<i>sheng di huang, xuan shen, wu wei zi, tian men dong, dang gui, mai men dong, suan zao ren, bai zi ren, yuan zhi, fu ling, dan shen, ren shen, jie geng</i> (rx rehmannia, rx scrophularia, fr schisandra, rx asparagi, rx angelica sinensis, ophiopogonis, sm zizyphus spinosae, sm biotae, rx polygalae, poria, rx salvia miltorrhizae, rx ginseng, rx platycodon)
tong jing tang	To Jing Wan	quickens blood, transform stasis, courses qi, nourish blood, relieves pain	<i>yu jin, chi shao, san leng, hong hua, dang gui, chuan xiong, dan shen</i> (tuber curcumae, rx paeonia rubra, rz sparganium, flos carthami, rx angelica sinensis, rz ligusticum wallichii, rx salvia miltorrhizae)
wu ling san	Hoelen 5	disinhibit water & percolate dampness, warm ying, transforms qi	<i>ze xie, fu ling, zhu ling, cang zhu, gui zhi</i> (rz alismatis, poria cocos, polyporus, rz atractylodis, ramulus cinnamomi)
xiang sha liu jun zi tang	Saussurea & Cardamon	boosts qi, fortify spleen, harmonize spleen- stomach, transform dampness	<i>bai zhu, fu ling, ban xia, chen pi, mu xiang, sha ren, ren shen, dang shen, sheng jiang, zhi gan cao</i> (rz atractylodes, poria, rz pinellia, pericarpium citri reticulatae, rx saussurea, fr amomi, rx ginseng, rx codonopsis, rz zingiberis recens, rx glycyrrhizae, honey baked)
xiao chai hu tang	Minor Bupleurum	harmonize & resolve shaoyang	<i>chai hu, ban xia, huang qin, da zao, dang shen, sheng jiang, gan cao, ren shen</i> (rx bupleurum, rz pinelliae, rx scutellaria, fr zizyphi jujubae, rx codonopsis, rz zingiberis recens, rx glycyrrhizae, rx ginseng)
xiao feng san	Dong Quai & Arctium	expel wind, eliminate dampness, clear heat & cool blood	<i>dang gui, shi gao, sheng di huang, mu tong, zhi mu, nui bang zi, hu ma ren, bai zhu, jing jie, fang feng, chan tui, ku shen, gan cao</i> (rx angelica sinensis, gypsum, rx rehmannia, caulis akebia, rz anemarrhena, sm arctium, sm sesami indicis, rz atractylodes, hb schizonepetae, rx ledebouriellae, pericarpium cicadae, rx sophora, rx glycyrrhizae)

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xiao yao san	<i>Bupleurum & Dang Gui</i>	Course the liver, resolve depression, raise clear yang of spleen, harmonize ying, nourish blood	<i>chai hu, bai shao, dang gui, fu ling, bai zhu, sheng jiang, gan cao, bo he</i> (rx bupleurum, rx paeonia lactiflora, rx angelica sinensis, poria cocos, rx atractylodes, rz zingiberis recens, rx glycyrrhizae, hb menthae)
Xue fu zhu yu tang	Blood Mansion	activates blood, transform stasis, circulate qi, relieve pain, resolve depressive heat	<i>tao ren, hong hua, dang gui, chuan niu xi, sheng di huang, chi shao, zhi ke, chuan xiong, jie geng, chai hu, gan cao</i> (sm persica, flos carthami, rx angelica sinensis, rx cyathulae, rx rehmanniae, rx paeonia rubra, fr citri aurantii, rz ligusticum wallichii, rx platycodon, rx bupleurum, rx glycyrrhizae)
yin qiao san	Yin Qiao Formula	relieve exterior wind heat, clears heat, resolve toxins	<i>jin yin hua, lian qiao, dan dou chi, jie geng, niu bang zi, lu gen, bo he, jing jie, gan cao, zhu ye</i> (flos lonicera, fr forsythiae, sm sojae preparatae, rx platycodon, fr arctium, rz phragmites, hb menthae, hb schizomepetae, rx glycyrrhizae, fol bambusae)
you gui yin	Restore the Right	warm kidney, replenishes essence	<i>shu di huang, ba ji tian, rou gui, gou qi zi, du zhong, shan zhu yu, dang gui, tu si zi, added unless specified without: lu rong</i> (prepared rx rehmannia, rx morindae, ctx cinnamomi, fr lycium, ctx eucommia, cornu cervi parvum)
yu ping feng tang	Jade Screen	supplements qi, resolves exterior, check sweating	<i>huang qi, fang feng, bai zhu</i> (rx astragalus, rx ledebourielle, rz atractylodes macrocephalae)
zhi bai di huang wan	<i>Anem-Phello & Rehmannia</i>	clears vacuity fire, enriches & supplements liver & kidney	<i>shu di huang, shan zhu yu, shan yao, fu ling, ze xie, mu dan pi, zhi mu, huang bai</i> (prepared rx rehmannia, fr corni, rx dioscorea, poria cocos, rz alismatis, ctx moutan radicis, rz anemarrhena, ctx phellodendri)
zuo gui yin	Restore the Left	nourish and supplement kidney yin, supplements essence, benefit marrow	<i>shu di huang, shan zhu yu, shan yao, tu si zi, gou qi zi, chuan niu xi, added unless specified without: lu jiao jiao, gui ban</i> (prepared rx rehmannia, fr corni, rx dioscorea, sm cuscutae, fr lycium, rx cyathulae, plastrum testudinis, gelatinum cornu cervi)